

Subject:

Blood, Blood Flow, Kidneys

Study Conducted:

Country:

Austria

Institution:

Universitätsklinik für Innere Medizin Institut für Biostatistik und Dokumentation, Innsbruck

Citation:

Sudmeier, I., G. Bodner, I. Egger, E. Muir, H. Ulmer and Herold, M., "Changes of Renal Flow during Organ-Associated Foot Reflexology Measured by Color Doppler Sonography." Research in Complementary Medicine, 1999, Vol. 6, pages 129-134.

Synopsis:

A color doppler sonography was used to view blood flow changes in the right kidney while foot reflexology was done in a placebo-controlled, double-blind, randomized study. A significant decrease of the resistive flow in renal vessels and an increase of renal blood flow was noted.

Conclusion:

Foot reflexology was found to be effective for changing renal blood flow during therapy.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.