

Subject:

Asthma, Infantile

Study Conducted: Country: Institution:

China

Health Center for Women and Children

Citation:

Duanmu, H., "A Clinical Analysis of Foot Reflexomassage for Treatment of 45 Cases with Infantile Bronchial Asthma." 1994 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 41-43..

Synopsis:

45 patients, both male and female, ages 5 months to 7 years old, with asthma, shortness of breath, prolonged exhalation with asthma wheezing sound, bronchial asthma aggravated with crying, were given 40-50 minutes of foot reflexology daily for 2-12 weeks of. Results: All symptoms disappeared.

Conclusion:

Foot reflexology was found to be effective for relief of symptoms associated with infantile bronchial asthma.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.