

Subject:

Blood Cells, White Blood Cell Production

Study Conducted: Country: Institution:

China

Changfeng Hospital

Citation:

Xu, Y., "Treatment of Leukopenia with Reflexotherapy." 1998 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 32-33.

Synopsis:

47 patients with leukopenia were put into two groups. Group A were given foot reflexology on the head, endocrine, inner ear, and excretory systems reflex areas. Group B were given medication. Those with symptoms of urinary infection, insomnia and weakness, had a higher rate of success with reflexology, Those with URTI had 92.86% with reflexing and 94.12% with medication. Those with Leukopenia showed marked improvement.

Conclusion:

Foot reflexology was found to be effective for the relief of leukopenia, insomnia, urinary infections and weakness because it readjusts the production and composition of white blood cells in the blood.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.