

## Subject:

Blood Flow

## Study Conducted:

## Country:

China

## Institution:

Longhua Hospital Affiliated to the Shanghai Chinese Traditional Medical University

## Citation:

Ma, Y., "Observation of Influence on Blood Flow in Radial Artery of 22 Cases with Taut or Normal Pulse by Foot Reflexology." 2000 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 59-60.

## Synopsis:

22 patients from an out patient clinic, both male and female, were given foot reflexology. An IM-II type electropulsograph test was done before and after along with a color ultrasonograph 850Gp to test the blood flow in the radial artery. After the treatment, all 22 cases showed much improvement. 15 patients ranging from 40-56 yrs old had a taut pulse and 7 patients ranging from 25-55 yrs old had a normal pulse. All patients had normal blood pressure.

## Conclusion:

Foot reflexology was found to be effective for increasing arterial blood flow.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.