

Immune System

* Leukopenia

Leukopenia is a low white blood cell count. forty-seven cases of leukopenia were divided into a reflexotherapy group (29 cases) and a pharmacotherapy (18 cases) group. Cases were followed for one month to 10 years.

The curative effect between the reflexotherapy group/pharmacotherapy group was comparable for:

URTI (93%/94%)

Urinary infection: (94%/94%)

Insomnia (84%/71%)

Weakness (92%/80%)

The change of white cell count before and after treatment was an effective rate of 89.66% for the reflexotherapy group and 77.78% for the control group.

Xu Ya-zhen (Changfeng Hospital, Suzhou, Jiangsu Province, "Treatment of Leukopenia with Reflexotherapy," 1998 *China Reflexology Symposium Report*, China Reflexology Association, Beijing, pp. 32-33