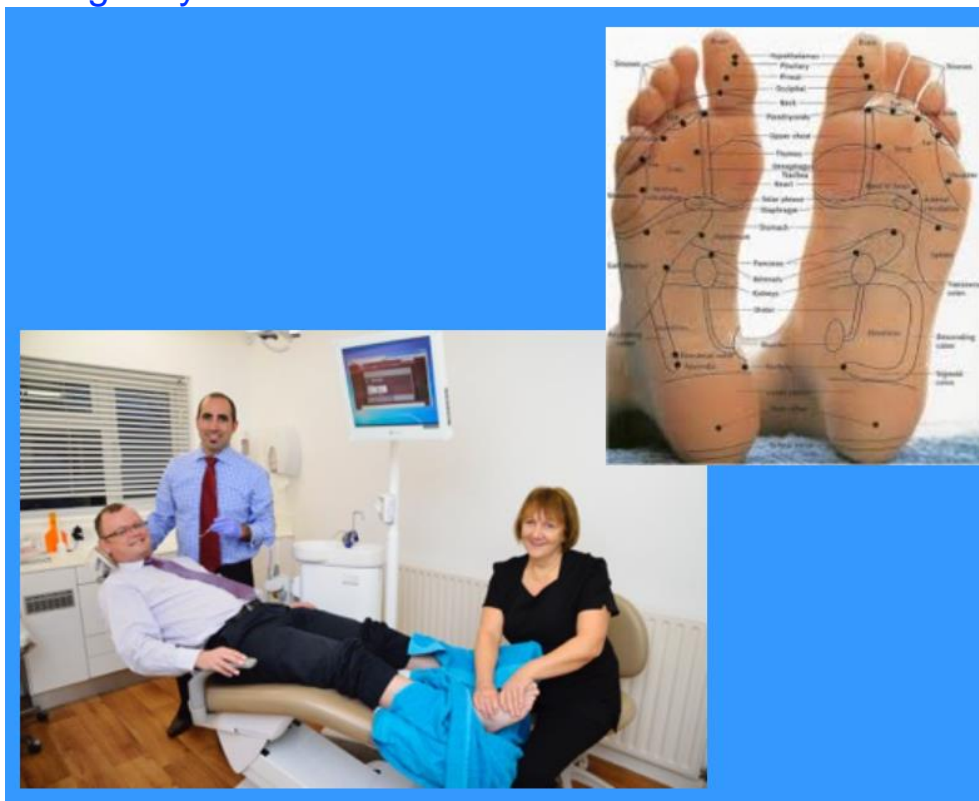


Dental Reflexology

The idea of combining reflexology and dentistry is fairly new in the western world, but have existed for centuries.

At Wallisdown dental practice, we offer the option of having a pre-dental treatment, post-dental treatment or an adjacent hand & foot reflexology treatment, to reduce your anxiety and stress levels while sitting for your dental examination or treatment.



Reflexologists view pain as a result of the complex interaction between mind, body and emotions. According to this philosophy, pain becomes less intense when you are able to relax. Reflexology probably won't cure your toothache, but by stimulating circulation and inducing relaxation, it might help you experience your pain differently.

You are welcome to give it a try !