

Subject:

Diabetes

Study Conducted: Country: Institution:

China

Shijingshan Hospital

Citation:

Zhang, G., "An Analysis of Therapeutic Effects of 28 Cases with Diabetic Acromelic Vesicle and Gangrene Treated with Foot Reflexo-massage." 1996 China Reflexology Symposium Report, Beijing : China Reflexology Association, pages 37-40.

Synopsis:

28 cases, both male and female, ages 35-84, with diabetic acromelic vesicle and gangrene (a chronic vascular neural complication of diabetes mellitus) from 1/2 year to 23 years, 3 having Type I diabetes and 25 had Type II diabetes, were divided into 2 groups. They also had fatigue, poor appetite in 16 cases, cough in 5 cases, diarrhea in 3 cases and coma in 1 case. The first group of 12, the control group, were foot reflexology on both feet improving blood circulation and body fluid drainage. The wound was healed in 39.37 days. The second group were given the same foot reflexology sessions plus wound cure and improved in 22.63 days.

Conclusion:

Foot Massage and Foot Reflexology were found to be effective for the relief of diabetic acromelic vesicle and gangrene (DAVG), a complication of diabetes mellitus. Wound healing in the group that had both Foot Massage and Foot Reflexology was 43 percent quicker than those receiving just Foot Massage.

Reflexology Research provided courtesy of the
[American Academy of Reflexology](#), Bill Flocco, Director.