

## Subject:

Diabetes

## Study Conducted:

## Country:

China

## Institution:

Affiliated Longhua Hospital of Shanghai University of Traditional Chinese Medicine (TCM)

## Citation:

Ma, Y., "Clinical Observation on Influence Upon Arterial Blood Flow in the Lower Limbs of 20 Cases with Type II Diabetes Mellitus Treated by Foot Reflexology." 1998 China Reflexology Symposium Report, Beijing: China Reflexology Association, pages 97-100.

## Synopsis:

20 cases with Type II diabetes mellitus were given foot reflexology to see if it would influence changes in arterial blood flow in their lower limbs (15 patients without the disease were the control group) Five with Type II diabetes mellitus were given foot reflexology. Changes in arterial blood flow was tested by color Doppler ultrasonic exam before and after the sessions. The patients with Type II diabetes mellitus showed a significant differences and tested lower than the control group.

## Conclusion:

Foot reflexology was found to be effective for the relief of arterial blood flow in the lower limbs of Type II diabetes mellitus.

Reflexology Research provided courtesy of the  
[American Academy of Reflexology](#), Bill Flocco, Director.